

In this first edition of **Multicultural Guidance and Counselling – Theoretical Foundations and Best Practices in Europe**, readings of both enduring insight and immediate relevancy introduce the practice and the underlying theories of multicultural counselling from a European perspective. The starting point of the publication is that culture influences all counselling. With an emphasis on developing multicultural counselling competencies, the European authors demonstrate multiple ways and methods with which guidance counsellors can improve their skills to better tackle the challenge of cultural and ethnic diversity among their clients.

Among other topics, the publication focuses on the multiplicity of realities in Europe, the conceptual foundation and ethics of multicultural counselling, cultural identity, intercultural communication and interaction, intercultural conflict management, immigrants in education and in the labour market. Examples of good practices are an integral part of the readings and they reflect current trends in multicultural counselling in Europe. Theoretical aspects presented in the book will become more familiar to the reader with the help of the questions and tasks appended to the chapters.

The book is intended for guidance counsellors who work with migrant clients and look for information on theories, methods and good practices of multicultural counselling. Secondly, it is targeted at trainers of guidance counsellors who can apply the contents and exercises of the handbook to their training programmes for developing intercultural awareness and skills among course participants. Also human resources personnel in multinational and multicultural organisations can benefit from the book.

ISBN 951-39-2075-5 (printed version)
ISBN 951-39-2121-2 (PDF)

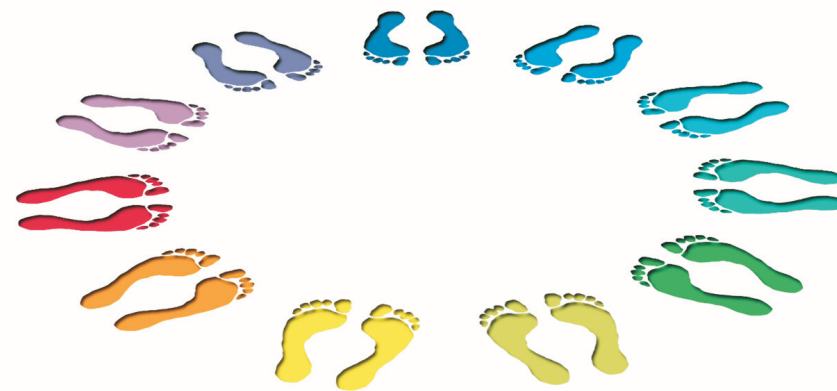
Cover: Martti Minkkinen



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Multicultural GUIDANCE AND COUNSELLING

Theoretical Foundations and Best Practices in Europe

